

Served Daily:
Pizza, Cheeseburgers,
Wrap Station
Soup & Deli Line








KING PHILIP REGIONAL MIDDLE SCHOOL

March 2010



*Choice of Sides with all lunches;
 Veggies, Rice, Potato, Fruit
 Pasta Salad, Garden Salad
 Soup, Juice, Trail Mix*

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Chicken Nuggets/Sauces with Potato & Veggie Bacon/Cheese Ciabatta	2) Chicken Broccoli/Penne Stuffed Crust Pizza Spicy BBQ Ribs/Sesame	3) Teriyaki Rice Bowl Grilled Chicken Panini Greek Wraps or Salads	4) Taco Bar add your own toppings soft shell or taco salad	5)  School Baked Pizza
8) Baked Macaroni & Cheese Grilled Cheese/Ham on Sour Dough Bread	9) French Toast with Bacon or Sausage Bacon Ranch Chicken/Sesame	10) Baked Rigatoni/Sausage Chicken Bruschetta Caesar Salads	11) Early Dismissal No Lunch Served Cafeteria Closed	12) Your choice of:
15) Chicken Stuffing Bake Homemade Chili Hot Dogs: Chili or Cheese Dogs 	16) Pizza Bagels Steak & Cheese Sub with peppers/onions and mushrooms	17) Shepherd's Pie Southwestern Chicken Panini Ranch Taco /Wrap or Salad 	18) Chicken Parmesan with Spaghetti Chicken Parmesan or Meatball Subs	19) Cheese Pepperoni,
22) Chicken Tenders/Sauces with Potato & Veggie Spicy or Crispy Chicken on Sesame	23) Quesadilla Flatbread with salsa and sour cream Southwest Chicken Wraps Chicken Caesar Salads	24) Turkey Dinner with Stuffing, Potato, Gravy Veggie, Cranberry, Roll BaconCheeseburgers	25) Taco Bar  add your own toppings soft shell or taco salad Assorted Salads	26) Sausage, Veggie
29) Rotini or Ravioli with Broccoli/Alfredo Grilled Herb & Cheese on Whole Wheat Bread	30) American Chop Suey Croissants: Ham & Cheese or Bacon, Egg & Cheese	31) Spaghetti and Meatballs Meatball or Italian Sausage Sub with peppers & onions Caesar Salads		Deluxe 

Ala Carte Sold Daily:
Yogurt - Fruit
Healthy Snacks
Beverages



Prepaid Lunch Tickets

Wed. March 3 and Wed. March 24

15 Lunches 37.50 30 Lunches 75.00

See Mrs. Reynolds in Cafeteria

Lunch Price \$2.50 Includes:

Your choice of:

One Entree, One Milk

Two Sides