



CANTON SITE OFFICE  
Department of Mental Health  
Donovan Building  
5 Randolph Street  
Canton, MA 02021  
Phone: (781)401-9700  
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# Community Resources For All

Support Groups

NAMI

Parent support groups of children

Parent Support Groups of parents of Young Adults

Transition Age Youth resources and services

Peer support groups of Young Adults

Tempo



# Child Youth and Family

Ages Served

Service Authorization Process

Resources

Consultation

Schools, DCF, CBHI, Communities, Families, etc

Services

Flexible Home based support,

Case Management(8),

Day Services

Continuum

# DMH Adult Services

Age's served: 18 and older

Service authorization process

Website: <https://www.mass.gov/orgs/massachusetts-department-of-mental-health>

The Department of Mental Health Provides adult services to eligible individuals who meet the clinical criteria for service authorization.

ACCS: Adult Community Clinical Services, 19+

PACT: Program of Assertive Community Treatment, 19+

Clubhouse

Respite

Case Management



# Central MA Area

Serving 97 towns

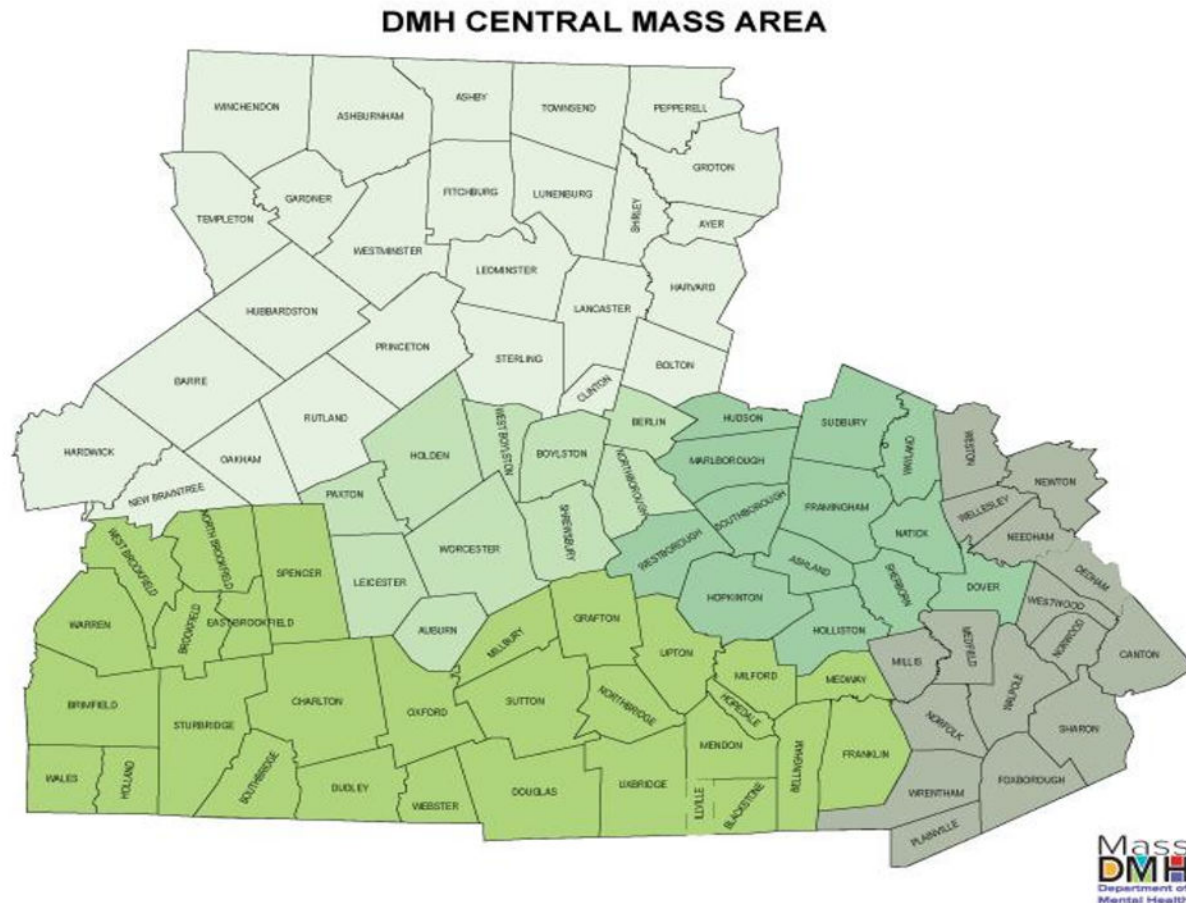
5 Site offices

Approximately 400 children/adolescents receiving  
CMA DMH services

3530 Adults receiving services

85% are receiving services while living at home/ on  
own in TOTAL

# Central Mass Area Covered



# Young Adult Resource Guide

YOUNG ADULT COMMUNITY RESOURCES CANTON SITE OFFICE	
<p><b>VISION</b></p> <p><i>Mental health is an essential part of health care. The Massachusetts Department of Mental Health, as the State Mental Health Authority, promotes mental health through early intervention, treatment, education, policy and regulation so that all residents of the Commonwealth may live full and productive lives.</i></p> <p><b>MISSION STATEMENT</b></p> <p><i>The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities. The Department establishes standards to ensure effective and culturally competent care to promote recovery. The Department sets policy, promotes self-determination, protects human rights and supports mental health training and research. This critical mission is accomplished by working in partnership with other state agencies, individuals, families, providers and communities.</i></p> <div style="text-align: center;">  </div> <p><b>CANTON SITE OFFICE</b>            Department of Mental Health            Donovan Building            3 Randolph Street            Canton, MA 02021            Phone: (781)401-9700            Fax: (781)401-9721</p>	<p><b>Massachusetts Rehabilitation Commission (MRC)</b>            MRC helps individuals with disabilities to live and work independently. MRC is responsible for Vocational Rehabilitation, Community Living and eligibility determination for the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) federal benefits programs.  <a href="https://www.mass.gov/news/massachusetts-rehabilitation-commission">https://www.mass.gov/news/massachusetts-rehabilitation-commission</a>            800 Washington Street Boston, MA 02111 (617) 204-3600            220 Forbes Road Braintree, MA 02184 (781) 356-8849            463 Worcester Rd # 302 Framingham, MA 01701 (508) 376-6700</p> <p><b>Recovery Learning Communities (RLC)</b>            RLCs are consumer-run networks of self-help/peer support, information and referral, advocacy and training activities, as well as offering dual recovery groups.  <a href="http://www.mass.gov/ceohba">www.mass.gov/ceohba</a>            85 E. Newton Street Ground Floor, G11 Boston, MA 02118 (617)305-9976            480 Quincy Ave. Quincy, MA 02169 (617)472-3237            60 Hedges Avenue, Gifford Building #127 Taunton, MA 02780 (508)977-3127</p> <p><b>Clubhouse</b>  <a href="https://www.massclubhouse.org/massachusetts-clubhouse/">https://www.massclubhouse.org/massachusetts-clubhouse/</a>            The Riverside Clubhouse model offers people with mental illness hope and opportunities to achieve their full potential through employment and recovery.  <a href="http://www.neponsetriverhouse.org/">http://www.neponsetriverhouse.org/</a>            Neponset River House: 595 Pleasant Street Norwood, MA 02062 (781)762-7075  <a href="http://www.elliethouse.org/">http://www.elliethouse.org/</a>            Elliot House: 255 Highland Avenue Needham, MA 02494 (781)449-1212</p> <p><b>Outpatient Clinics</b>            Riverside Community Care: <a href="http://www.riversidecc.org/">http://www.riversidecc.org/</a>            64 Eldredge Street Newton, MA 02458 (617)969-4925            190 Lenox Street Norwood, MA 02062 (781)769-8670            30 Eastbrook Road, Suite 302 Dedham, MA 02026 (781)329-4579</p> <p><b>Advocates: <a href="https://www.advocates.org/">https://www.advocates.org/</a></b>            354 Waverly St. Framingham, MA 01702 (508) 661-2020            675 Main St. Waltham, MA 02451 (781) 893-5110</p> <p><b>More Than Words (MTW)</b>            MTW is a youth led online and retail bookstore(s) that provides paid employment for youth (ages 16-24) to prepare for meaningful jobs and college! We support youth to develop and implement plans for the future including education, housing and career plans.  <a href="https://www.mtwyouth.org/">https://www.mtwyouth.org/</a>            56 Pelton Street Waltham, MA 02453 (781)788-0035</p> <p><b>Transition Resources and Community Supports (T.R.A.C.S.)</b>            TRACS offers opportunities for young adults (ages 16-25) to seek employment through workshops, social events, and our Photovoice, Stepping Stones, and Successful Employment Program, as well as connecting members with mentors/peers who have shared similar experiences and can provide first-hand advice on overcoming challenges, gaining independence, and achieving success.            460 Quincy Ave. Quincy, MA 02169 (617)689-2537  <a href="http://www.srmh.org/grmideca_vat_is.htm">www.srmh.org/grmideca_vat_is.htm</a></p> <p><b>Riverside Community Care Emergency Services</b>            24-hour access number (800)529-5077            Crisis center: (781)769-8670            Text line: text START to 741-741            A service specifically available to young people ages 13-25</p>



# Resource Guide Continued

## Children's Behavioral Health Initiative (CBHI)

Riverside operates Community Service Agencies (CSAs) that provide Intensive Care Coordination, In-Home therapy, Therapeutic Mentoring and Peer Support. These services are for youth under the age of 21, with social emotional needs, who are enrolled in MassHealth Standard or CommonHealth. Anyone may refer to the Community Service Agency with the consent of the guardian.

For more information, or to make a referral, please call us toll free at 877-869-3016.  
<http://www.riversidecc.org/child-family-services/care-coordination-services-csa/>

## Peer & Parent Support

Wayside Peer Services  
88 Lincoln St, Framingham, MA 01702  
Phone: 508-469-3235 or email: [Irene\\_Roche@waysideyouth.org](mailto:Irene_Roche@waysideyouth.org)

MSPOC – Connecting Parents Program offers support, education and resources to help parents manage the challenges of raising children who are coping with mental health concerns. Groups are offered at the following locations:

Canton Library – Art and Activities Room, 786 Washington Street, Canton, MA (Mondays 6:30-8:30pm)  
Westwood Library – Conference Room, 660 High Street Westwood, MA (Tuesdays 10:00am-noon)  
Walpole Library – Children's Activity Room, 143 School Street Walpole, MA (Fridays 10:00am-noon)  
West Suburban YMCA – Computer Room, 276 Church Street Newton, MA (10:00am-noon)

For more information contact Betty Wagner at [BWagner@mspoc.org](mailto:BWagner@mspoc.org) or (617) 983-5803 or <http://www.mspoc.org/connecting-parents/>

## LGBTQ

The mission of Fenway Health is to enhance the wellbeing of the lesbian, gay, bisexual and transgender community and all people in our neighborhoods and beyond through access to the highest quality health care, education, research and advocacy.

1340 Boylston Street Boston, MA 02215 (617)267-0900  
<http://fenwayhealth.org/>

## Massachusetts Coalition for the Homeless

If you are experiencing homelessness or are at imminent risk of homelessness, please click on the links below:  
<http://www.mahomeless.org/get-help>

To find a food pantry or free meal program, call Project Bread's FoodSource Hotline: 1-800-645-8333  
[www.projectbread.org](http://www.projectbread.org) or [www.massresources.org/food-pantries.html](http://www.massresources.org/food-pantries.html)

## Transportation

Massachusetts Bay Transportation Authority (MBTA)  
To find out more about reduced fares for people with disabilities, visit the link below and scroll to "Persons with Disabilities"  
[www.mbta.com/fares-and-passes/reduced-fare-programs/](http://www.mbta.com/fares-and-passes/reduced-fare-programs/)

Regional Transit Authorities (RTA)  
Contact your RTA to find out if they offer reduced fares for people with disabilities.  
[www.massdot.state.ma.us/transit/RegionalTransitAuthorities.aspx](http://www.massdot.state.ma.us/transit/RegionalTransitAuthorities.aspx)

The RIDE provides door-to-door transportation to eligible people who cannot use general public transportation all or some of the time, because of a physical, cognitive or mental disability  
[www.mbta.com/riding-the-t/accessibile\\_services](http://www.mbta.com/riding-the-t/accessibile_services)

GATRA: 10 Oak Street Taunton, MA 02780 (508)823-8828  
<http://www.gatra.org/index.php/special-services/senior-disabled/>

## Department of Transitional Assistance

DTA administers benefits such as the Supplemental Nutrition Assistance Program/SNAP, Transitional Aid to Families with Dependent Children (TAFDC), and Emergency Aid to the Elderly, Disabled and Children (EAEDC).  
[www.mass.gov/dta](http://www.mass.gov/dta)

## Social Security Administration

For more information, you can call Social Security's toll-free number: 1-800-772-1213 or call one of the following  
Work Incentives Planning and Assistance (WIPA) Programs in Massachusetts:  
BenePLAN provides comprehensive benefits assessment, planning, and assistance to Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries, their families and service providers in Massachusetts.  
Toll Free: 1-877-YES-WORK (937-9675) or visit our website at [www.beneplan.org](http://www.beneplan.org)

## Health Insurance

To find a health insurance plan for you, visit the Health Connector website: [www.mahealthconnector.org](http://www.mahealthconnector.org)  
For more information about health coverage, insurance, and how to apply, call the Health Care for All Help Line at 1-800-272-4232 or visit their website: [www.hcfama.org](http://www.hcfama.org)  
<https://www.mass.gov/how-to/apply-for-masshealth-the-health-safety-net-or-the-childrens-medical-security-plan>



# Further Questions

