

Study Skills Self-Examination

Name: _____ Date: _____ Year (circle one): Freshman Sophomore Junior Senior

ORGANIZATION	Always/Yes	Sometimes	Never/No
I carry a notebook to class			
I use my notebook in class			
I have a pen/pencil with me			
I use my pen/pencil in class			
I have an assignment book or planner			
I keep different subject areas in separate areas of my binder or notebook			
I have a separate section in my notebook or binder to put handouts in			
I have a separate section in my notebook or binder to put returned tests, quizzes, homework in			
I clean out and arrange my notebook or binder every week			
I clean out my backpack every week to remove old papers/books/materials			
I clean out my locker every week			
I put a date on all of the notes I take			
STUDY HABITS	Always/Yes	Sometimes	Never/No
I plan in advance to complete long term assignments			
I do homework at the same time every night			
I study sitting at my desk or a table			
I study in a quiet environment			
I study for at least 30 minutes before taking a break			
I bring my assignment book or planner home every night			
I bring the appropriate books, tools, notebooks, writing tools, etc to class			
I turn homework in on time			

Adapted from Study Skills developed by Karen Decker and Susan Spector, South Windsor High School, South Windsor, CT.

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REPORT/PAPER WRITING	Always/Yes	Sometimes	Never/No
I develop an outline before writing a report or paper			
I write a rough draft for a teacher to review before submitting a final copy			
I can independently write an introductory paragraph			
I can independently write supporting paragraphs			
I can independently write a concluding paragraph			
I check my writing for spelling errors			
I edit my papers before submitting them			
I ask for help if I am not sure how to write a paper			
I know how to write a bibliography			
I hand papers/reports in on time			
TEST/QUIZ PREPARATION	Always/Yes	Sometimes	Never/No
I re-read notes before a test or quiz			
I review past homework assignments before a test or quiz			
I review past tests or quizzes before an upcoming test or quiz			
I contact my teacher if I have a question before a test or quiz			
I use test taking strategies I have learned from teachers, family and/or friends to prepare for tests or quizzes			
RESOURCES	Always/Yes	Sometimes	Never/No
I use the accommodations in my IEP			
I contact my special education case manager/liaison if I need help with something			
I contact my guidance counselor if I need help with something			

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