

## King Philip High School – Physician’s Academic Accommodation Evaluation Form

Student Name: \_\_\_\_\_ Evaluation Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

This form provides academic accommodations for students who has suffered a diagnosed concussion. This form **DOES NOT** provide clearance for a student/student-athlete to return to extracurricular activity (athletics, band, etc.). Once a concussion is diagnosed, the only form that provides clearance to return to participation in extracurricular activity is the most current version of the **MA DPH Post Sports-Related Head Injury Medical Clearance and Authorization Form**.

\_\_\_\_\_ **Red – Complete Rest** – No school for minimum of \_\_\_\_\_ days – If placing student on **Red**, please state the minimum number of days to remain out of school. The healing process may take longer, and student will return when symptoms allow. Students cannot return to school unless stated by doctor.

\_\_\_\_\_ **Orange – Gradual Recovering Health** – Continued significant deficits in processing & concentration. Suggested date student will begin part days \_\_\_\_/\_\_\_\_/\_\_\_\_. Suggested: \_\_\_\_ hours for \_\_\_\_ days.

\_\_\_\_\_ **Yellow – Recovering Health** – Minimal restriction with academic workload – Suggested date to return to full school days \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ **Green – Return to Learn** – All accommodations removed – Student will move to **Green** only when academic activities do not provoke symptoms and the student is symptom-free with other activities of daily life. Once reaching **Green**, student-athletes are eligible to complete the **Graduated Return-to-Sport Strategy** with the school’s Licensed Athletic Trainer.

Recommended Re-Evaluation Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Other Notes: \_\_\_\_\_

Physician’s Signature \_\_\_\_\_

Physician’s Printed Name \_\_\_\_\_

Physician’s Fax Number (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Physician’s Phone Number (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Parent/Guardian’s Name \_\_\_\_\_

Parent/Guardian’s Signature \_\_\_\_\_

**Red Level – Student is on Complete Rest – Out of School**

Teacher’s Actions	Student’s Actions	Parent’s Actions
<ul style="list-style-type: none"> <li>• Contacted by concussion liaison</li> <li>• Explanation of assessments used and possible timing of movement from stage to stage</li> </ul>	<ul style="list-style-type: none"> <li>• Strict limits on computer gaming, television, testing, cell phone, driving and socialization.</li> <li>• No athletic activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate with concussion liaison</li> <li>• Agree to impose limits on technology</li> </ul>

**Orange Level – Student is recovering, significant deficits in processing and concentration – Possible part days**

Teacher's Actions	Student's Actions	Parent's Actions
<p>Contacted by concussion liaison GOAL: Students should have minimum work necessary when on this level to help transition to "Yellow Level".</p> <p><b>Develop 3 categories for assignments:</b></p> <p><b>1. Excused</b> – Does not need to be made up</p> <p><b>2. Accountable</b> – Responsible for content, not process. - May be notes or work shared by classmate - May be covered by broader assignment such as review sheet Reduce length of assignment (e.g. shorter essay, every other problem in homework) Eliminate or combine tests/quizzes when possible Reduce length of test and/or allow extra time. Highlight key concept areas for testing while eliminating testing on less critical topics.</p> <p><b>3. Responsible</b>—Must be completed by student for a grade. (Give extended time as needed to make up)</p> <p>Prioritize effort to help student focus on make-up work or new work Defer high stakes or standardized testing until on "Green Level".</p> <p><b>No more than one (1) Test per day.</b></p>	<ul style="list-style-type: none"> <li>• When present observing, limited participation</li> <li>• Communicate with teacher and liaison about progress and problems.</li> <li>• Get copies of work and or notes from teacher or fellow students</li> <li>• Be patient with slow recovery but get as much as possible out of time spent in class.</li> <li>• No participation in athletics, physical education classes, band, chorus</li> <li>• Rest in nurse's office as needed 20-30 min</li> <li>• Try to limit homework time to 15-20 min blocks</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate with concussion liaison and/or teachers as needed.</li> <li>• Enforce rest at home</li> <li>• Continue to limit use of technology</li> <li>• Try to arrange alternative transportation to school to avoid driving and/or bus.</li> </ul>

**Yellow Level – Gradual increase of time and energy as resumes normal workload**

Teacher's Actions	Student's Actions	Parent's Actions
<ul style="list-style-type: none"> <li>• Contacted by Concussion Liaison-</li> <li>• Continue to keep lists of 3 categories of assignments until all make-up work is complete</li> <li>• Set dates w/student for when the work the student is responsible for should be completed</li> <li>• Continue with 1 test per day</li> <li>• Monitor completion of make-up assignments</li> </ul>	<ul style="list-style-type: none"> <li>• Clear communication with teacher on what needs to be done, when and how to prioritize</li> <li>• Communicate with parents/teacher and liaison regarding recovery and make-up work</li> <li>• No participation in athletics, physical education classes, band, chorus</li> <li>• Rest in nurse's office as needed</li> <li>• Try to limit homework time to 20-30 min blocks</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor student's symptoms</li> <li>• Continued communication with teachers and/or liaison</li> <li>• Help student with Time Management</li> </ul>

**Green Level – Complete – Resume all normal activities**

Teacher's Actions	Student's Actions	Parent's Actions
<ul style="list-style-type: none"> <li>• Contacted by Concussion Liaison</li> <li>• Student should be mostly caught up on work and have deadlines set for completion of remaining work</li> <li>• Inform guidance if term grades were updated from Incomplete to grade</li> </ul>	<ul style="list-style-type: none"> <li>• Can resume all normal activities</li> <li>• Work to make sure all assignments are completed by the deadline</li> <li>• Inform parents if symptoms return</li> <li>• If a Student-athlete, may complete the Graduated Return to Play Protocol with the Athletic Trainer</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor student's symptoms</li> <li>• Communicate with school if symptoms reappear</li> <li>• Communicate with teachers and/or liaison as needed regarding student status.</li> </ul>