



KING PHILIP HEALTH & WELLBEING CALENDAR OF EVENTS

APRIL 2022

GIVING BACK

APRIL CAMPAIGN

Monthly campaign content posted on HR page of King Philip intranet

TAKING CARE OF AGING PARENTS

MEETING IN PERSON

When: April 6, 2022 | 2:40 - 3:40 EST

Where: Middle School Library

ALCOHOL AWARENESS WEBINAR

VIRTUAL PROGRAM

When: April 20, 2022 | 1:00 - 1:30 EST

Zoom Registration Link:

<https://borislow.zoom.us/webinar/register/>

[WN_wjG5mrqkQPuEvGYwG1ytXQ?](https://borislow.zoom.us/j/91234567890)

[_xzm_rtaid=jlrE2MLQR8e3sxIYCORCA.1646431156935.d09cd129c4955cbbccce0ac95d7f8c144&xzm_rhtaid=683](https://borislow.zoom.us/j/91234567890)

NUTRITION FOR LIFE

PRE-RECORDED VIRTUAL PROGRAM

Watch Link: <https://youtu.be/Cl4kfsn-hes>

ZUMBA CLASSES

VIRTUAL CLASSES

When: Mon 6PM | Fri 7PM | Sat 8:30AM
30 min Zumba Toning & 30 Min Zumba

Zoom Link:

<https://www.fitnessmissdiane.com/post/april-zumba-link-and-schedule>