



KING PHILIP HEALTH & WELLBEING CALENDAR OF EVENTS

MARCH 2022

SAVE YOUR VISION

MARCH CAMPAIGN

Monthly campaign content posted on HR page of King Philip intranet

www.kingphilip.org/departments/human-resources/

HEALTHY COOKING IN 30 MINUTES OR LESS

VIRTUAL WEBINAR

When: Mar 9, 2022 | 2:40 - 3:40 EST

Zoom Registration Link:

<https://us02web.zoom.us/join/zoom/register/tZwucOvhrjMqGdcC6FOBrL90xeOOIrrYIsN>

PRACTICAL WAYS TO EAT ON A BUDGET

VIRTUAL WEBINAR

When: Mar 23, 2022 | 2:40 - 3:40 EST

Zoom Registration Link:

<https://us02web.zoom.us/join/zoom/register/tZUofCqDksHd1Mnh572unremjOjA79Pzjz>

HEART HEALTH WEBINAR

PRE-RECORDED VIRTUAL PROGRAM

Watch Link: <https://youtu.be/Cl4kfsn-hes>

FINANCIAL SEMINAR

IN PERSON SEMINAR

When: Mar 16, 2022 | 2:40 - 3:40 EST

Location: High School Library

ZUMBA CLASSES

VIRTUAL CLASSES

When: Mon 6PM | Fri 6PM | Sat 8:30AM

30 min Zumba Toning & 30 Min Zumba

Zoom Links:

www.fitnessmissdiane.com/post/march-zumba-link-and-schedule