

# The HPHC Insurance Company Best Buy HSA PPO

**Summary of Benefits and Coverage:** What this Plan Covers & What You Pay for Covered Services

**Coverage Period:** 07/01/2022 — 06/30/2023

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/LGsampleEOC. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	Medical & Prescription Drug Deductible: In-Network: \$1,500 member/ \$3,000 family Out-of-Network: \$1,500 member/ \$3,000 family Benefits are administered on a Plan Year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes: In-Network preventive care, are covered before you meet your deductibles. Certain preventive drugs will not apply to the prescription drug deductible. For a list of those drugs please visit www.harvardpilgrim.org/rx.	This plan covers some items and services even if you haven't yet met the deductible amount. But, a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services
What is the out-of-pocket limit for this plan?	In and Out-of-Network Combined: \$5,000 member/ \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters	
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties for failure to obtain preauthorization for services and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Will you pay less if you use a network provider?  Yes. See https://www.harvardpilgrim.org/public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.		This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <b>specialist</b> you choose without permission from this <b>plan</b> .	



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Services You May Need	What You	Limitations, Exceptions,	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge	20% coinsurance	None
	Specialist visit	No charge	20% <u>coinsurance</u>	None
	Preventive care/ screening/ immunization	No charge; deductible does not apply	20% coinsurance; deductible does not apply	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

		What You	Limitations, Exceptions,		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: No charge Laboratory: No charge			
	Imaging (CT/PET scans, MRIs)	No charge	20% coinsurance	Cost sharing may vary for certain imaging services.  Out-of-Network  preauthorization required.  \$500 penalty if not obtained.	
If you need drugs to treat your illness or condition	Generic drugs	30-Day Retail Tier 1: \$10 copay/prescription 90-Day Mail Tier 1: \$25 copay/prescription		None	
More information about prescription drug	Preferred brand drugs	<b>30-Day Retail Tier 2:</b> \$30 <b>co</b> <b>90-Day Mail Tier 2:</b> \$75 <b>co</b>	Some generic drugs are in this tier.		
coverage is available at www.harvardpilgrim.org/2022Premium3T.	Non-preferred brand drugs	<b>30-Day Retail Tier 3:</b> \$65 <b>copay</b> /prescription <b>90-Day Mail Tier 3:</b> \$165 <b>copay</b> /prescription		Same as above.	
	Specialty drugs	All drugs are covered in Retail Pharmacy and Mail Order Pharmacy Tiers 1 — 3		Some drugs must be obtained through a Specialty Pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance	Out-of-Network preauthorization required. \$500 penalty if not obtained.	
	Physician/surgeon fees	No charge	20% <u>coinsurance</u>		
If you need immediate	Emergency room care	No charge		None	
medical attention	Emergency medical transportation	No charge		None	
	Urgent care	Convenience care clinic: No charge Urgent care center: No charge Hospital urgent care center: No charge	Convenience care clinic: 20% coinsurance Urgent care center: 20% coinsurance Hospital urgent care center: 20% coinsurance	None	

		What Yo	Limitations, Exceptions,		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	20% coinsurance	Out-of-Network <pre>preauthorization</pre> required.	
	Physician/surgeon fee	No charge	20% <u>coinsurance</u>	\$500 penalty if not obtained	
If you have mental health,	Outpatient services	No charge	20% coinsurance	Out-of-Network	
behavioral health, or substance abuse needs	Inpatient services	No charge	20% coinsurance	<ul><li>preauthorization required.</li><li>\$500 penalty if not obtained.</li></ul>	
If you are pregnant	Office visits	No charge	20% <u>coinsurance</u>	Cost sharing does not	
	Childbirth/delivery professional services	No charge	20% coinsurance	apply for <u>preventive</u> <u>services</u> .	
	Childbirth/delivery facility services	No charge	20% coinsurance		
If you need help recovering	Home health care	No charge	20% coinsurance	None	
or have other special health needs	Rehabilitation services Habilitation services	Physical Therapy: No charge Occupational Therapy: No charge Speech Therapy: No charge	Physical Therapy: 20% coinsurance Occupational Therapy: 20% coinsurance Speech Therapy: 20% coinsurance	Occupational therapy – 30 visits /Plan Year Physical therapy – 30 visits /Plan Year Out-of-Network preauthorization required. \$500 penalty if not obtained.	
	Skilled nursing care	No charge	20% <u>coinsurance</u>	100 days/Plan Year	
	Durable medical equipment	20% coinsurance	20% coinsurance	Wigs – \$350/Plan Year Out-of-Network preauthorization required. \$500 penalty if not obtained.	
	Hospice services	No charge	20% coinsurance	For inpatient see "If you have a hospital stay".	

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	What You Will Pay			Limitations, Exceptions,	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If your child needs dental	Children's eye exam	No charge	20% <u>coinsurance</u>	1 exam/Plan Year	
or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up  – Up to age of 13	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	2 exams/Plan Year	
Excluded Services & Other	Covered Services:				
Services Your Plan Does N	OT Cover (This isn't a comp	lete list. Check your policy o	r <u>plan</u> document for other <u>ex</u>	ccluded services.)	
		g-Term (Custodial) Care at Cosmetic Surgery at Dental Care (Adult)	<ul> <li>Private-duty nursing</li> <li>Routine foot care</li> <li>Services that are not Medically Necessar</li> <li>Weight Loss Programs</li> </ul>		
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)					
Bariatric surgery     He		ropractic Care ring Aids - \$2,000/aid every 36 each impaired ear up to age 22	months, Non-emergence the U.S.	Non-emergency care when traveling outside the U.S.	

## **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

## **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department HPHC Insurance Company, Inc. 1600 Crown Colony Drive

Quincy, MA 02169

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration

1-866-444-3272

www.dol.gov/ebsa/healthreform

Health Care for All 30 Winter Street, Suite 1004

Boston, MA 02108 **1-800-272-4232** 

http://www.hcfama.org/helpline

Massachusetts Division of

Insurance

1000 Washington Street, Suite 810

Boston, MA 02118-6200

1-617-521-7794

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this Coverage Meet the Minimum Value Standard? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

# Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$1,500	■ The plan's overall deductible	\$1,500	■ The plan's overall deductible	<b>\$1,5</b> 00
■ Specialist	\$0	■ Specialist	\$0	■ Specialist	\$0
■ Hospital (facility)	\$0	Hospital (facility)	\$0	Hospital (facility)	\$0
Other	\$0	Other	\$0	Other	\$0
This EXAMPLE event including like:	des services	This EXAMPLE event includ like:	les services	This EXAMPLE event includ like:	les services
Specialist office visits (prenatal co	are)	Primary care physician office visits (including		Emergency room care (including medical supplies)	
Childbirth/Delivery Professional	Services	disease education)		Diagnostic test (x-ray)	
Childbirth/Delivery Facility Serv	rices	Diagnostic tests (blood work)		Durable medical equipment (cr.	utches)
Diagnostic tests (ultrasounds and	blood work)	Prescription drugs Rehabilitation services (physical therate			therapy)
Specialist visit (anesthesia)		Durable medical equipment (gla	ucose meter)		
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would	pay:	In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$1,500	<u>Deductibles</u>	\$1,500	<u>Deductibles</u>	\$1,500
Copayments	\$50	Copayments	\$800	Copayments	\$10
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$50
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$1,550	The total Joe would pay is	\$2,300	The total Mia would pay is	\$1,560

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

#### Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

**繁體中文 (Traditional Chinese)** 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-333-4742 (TTY: 711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

**Русский (Russian)** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

#### (Arabic) العربية

إنتياه: إذا أنت تتكلم اللُّغة العربية ، خَدَمات المُساعَدة اللُّغوية مُتَوفرة لك مَجانا. واتصل على 4742-333-1888 (TTY: 711)

**ខ្មែរ (Cambodian)** ្រសុំជូននំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

**Italiano (Italian)** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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**한국어 (Korean)** '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

**Ελληνικά (Greek)** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku. możesz skorzystać z bezpłatnej pomocy jezykowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

**ພາສາລາວ** (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



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#### General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

#### HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil\_rights@harvardpilgrim.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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