



KING PHILIP HEALTH & WELLBEING CALENDAR OF EVENTS

MAY 2022

EMPLOYEE HEALTH & FITNESS

MAY CAMPAIGN

Monthly campaign content posted on HR page of King Philip intranet

RESISTANCE TRAINING SEMINAR

MEETING IN PERSON

When: May 11, 2022 | 2:40 - 3:40 EST

Where: Middle School (Aux. Gym)

BETTER SLEEP WEBINAR

VIRTUAL PROGRAM

When: May 18, 2022 | 1:00 - 1:30 EST

Zoom Registration Link:

https://borislow.zoom.us/webinar/register/WN_51vQrvVgQTYgBJLba58epA

ALCOHOL AWARENESS WEBINAR

PRE-RECORDED VIRTUAL WEBINAR

Watch Link: **https://www.youtube.com/watch?v=jnC8Tm_yB8M**