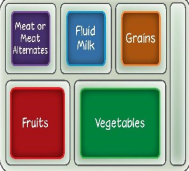


Build a Healthy Lunch



# KING PHILIP REGIONAL HIGH SCHOOL LUNCH MENU

## NOVEMBER 2022

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

	Mon	Tue	Wed	Thu	Fri
<p><b>IMPORTANT MENU UPDATE</b> Last minute menu changes may occur more often this school year due to nationwide issues with food supplies and</p> <p><b>Shortages of food and delivery drivers. We appreciate your patience at this Time</b> Feel free to reach out to the cafeteria manager with any questions</p> <p><b>Served Daily:</b> Cheeseburgers Hamburgers Veggie Burgers Pizza Vegetarian Salad</p> <p><b>Served Daily with all meals</b> Fruit Juice Vegetables</p> <p><b>SANDWICHES DAILY</b> Vegetarian Wrap daily</p>	<p><b>YOGURT PARFAITS DAILY!</b></p>	<p><b>1</b> Asian Chicken Rice Bowl w/carrots &amp; broccoli Bacon Cheeseburger Baked Beans Carrots Bacon Ranch Chicken Salad or wrap</p>	<p><b>2</b> Cheesy Max Sticks w/marinara sauce Round Cheese Pizza Chicken Parmesan sandwich Green beans Asian Chicken Salad or wrap Homemade Apple Crisp</p>	<p><b>3</b> Baked Rotini Ham ,Cheese &amp; Egg Croissant Garden Salad Crispy Chicken Caesar Salad or wrap</p>	<p><b>4</b> School Baked Pizza Cheese, Veggie Bacon, Pepperoni Fish Taco Coleslaw Salad– Chef's choice</p>
	<p><b>7</b> Chicken or Cheese Quesadilla Salsa, sour cream Fajita Chicken Wrap Caesar or Chicken Caesar Salad or wrap</p>	<p><b>8</b> Popcorn Chicken Mashed Potato Bowl w/corn &amp; gravy Crispy Chicken Patty Asian Chicken Salad or wrap</p>	<p><b>9</b> Sal's Cheesy White Garlic Breadsticks w/marinara sauce Rodeo Burger Chef Salad Buffalo Popcorn Chicken Wrap</p>	<p><b>10</b> Chicken &amp; Waffles Warm Cinnamon Apples Maple Syrup French Bread Pizza Spicy Chicken Patty Sandwich Crispy Chicken Caesar</p>	<p><b>11</b> VETERANS DAY NO SCHOOL</p>
	<p><b>14</b> Macaroni &amp; Cheese Chopped Philly Cheesesteak Sub w/onions &amp; peppers Caesar or Chicken Caesar Salad or wrap</p>	<p><b>15</b> Rotini w/ Meatballs and Pasta Sauce Chicken Patty Sandwich Glazed carrots Garden Salad Asian Chicken Salad or wrap</p>	<p><b>16</b> EARLY RELEASE  PROFESSIONAL DEVELOPMENT</p>	<p><b>17</b> Pulled Pork Nachos w/corn Sour cream Grilled Hot Dogs Baked Beans Fiesta Chicken Salad or wrap</p>	<p><b>18</b> School Baked Pizza Cheese, Veggie Bacon, Meatball Spicy Chicken Patty Sweet potato puffs Salad– Chef's Choice</p>
	<p><b>21</b> French Toast Sticks w/bacon or sausage Hash brown , maple syrup Breakfast sandwich Caesar or Chicken Caesar Salad or wrap</p>	<p><b>22</b> Cheesy Max sticks w/marinara sauce Crispy Chicken Patty Peas &amp; Carrots Asian Chicken Salad or wrap</p>	<p><b>23</b> EARLY RELEASE</p>	<p><b>24</b> THANKSGIVING</p>	<p><b>25</b> NO SCHOOL</p>
	<p><b>28</b> Stuffed Crust Pizza Spicy Chicken Patty Mashed potato, gravy corn Caesar or Chicken Caesar Salad or wrap</p>	<p><b>29</b> Chicken Tenders Fries, green beans Dinner roll Dipping sauces Asian Chicken Salad or wrap</p>	<p><b>30</b> Sal's Cheesy White Garlic Breadsticks w/marinara sauce BBQ PULLED PORK SANDWICH Chef Salad Buffalo Popcorn Chicken Wrap</p>		