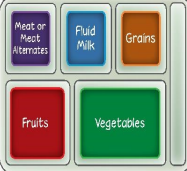


Build a Healthy Lunch



KING PHILIP REGIONAL MIDDLE SCHOOL LUNCH MENU

NOVEMBER 2022

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

	Mon	Tue	Wed	Thu	Fri
<p>IMPORTANT MENU UPDATE Last minute menu changes may occur more often this school year due to nationwide issues with</p>	<p>YOGURT PARFAITS DAILY!</p>	<p>1 Asian Chicken Rice Bowl w/carrots & broccoli Bacon Cheeseburger Baked Beans Carrots Bacon Ranch Chicken Salad or wrap</p>	<p>2 Cheesy Max Sticks w/marinara sauce Round Cheese Pizza Chicken Parmesan sandwich Green beans Asian Chicken Salad or wrap</p>	<p>3 Baked Rotini Ham , Egg & Cheese Croissant Garden Salad Crispy Chicken Caesar Salad or wrap</p>	<p>4 School Baked Pizza Cheese, Veggie Bacon, Pepperoni Fish Taco Coleslaw Salad– Chef's choice</p>
	<p>Shortages of food and delivery drivers. We appreciate your patience at this Time Feel free to reach out to the cafeteria manager with any questions</p>	<p>7 Chicken or Cheese Quesadilla Salsa, sour cream Fajita Chicken Wrap Caesar or Chicken Caesar Salad or wrap</p>	<p>8 Popcorn Chicken Mashed Potato Bowl w/corn & gravy Crispy Chicken Patty Asian Chicken Salad or wrap</p>	<p>9 Sal's Cheesy White Garlic Breadsticks w/marinara sauce Rodeo Burger Buffalo Popcorn Chicken Salad or Wrap Homemade Apple Crisp</p>	<p>10 Chicken & Waffles Warm Cinnamon Apples Maple Syrup French Bread Pizza Spicy Chicken Patty Sandwich Crispy Chicken Caesar</p>
<p>Served Daily: Cheeseburgers Hamburgers Veggie Burgers Pizza Vegetarian Salad</p>	<p>14 Macaroni & Cheese Chopped Philly Cheesesteak Sub w/onions & peppers Caesar or Chicken Caesar Salad or wrap</p>	<p>15 Rotini w/ Meatballs and Pasta Sauce Chicken Patty Sandwich Glazed carrots Garden Salad Asian Chicken Salad or wrap</p>	<p>16 EARLY RELEASE PROFESSIONAL DEVELOPMENT</p>	<p>17 Pulled Pork Nachos w/corn Sour cream Grilled Hot Dogs Baked Beans Fiesta Chicken Salad or wrap</p>	<p>18 School Baked Pizza Cheese, Veggie Bacon, Meatball Spicy Chicken Patty Sweet potato puffs Tomato & cuke salad</p>
<p>Served Daily with all meals Fruit Juice Vegetables</p>	<p>21 French Toast Sticks w/bacon or sausage Hash brown , maple syrup Breakfast sandwich Caesar or Chicken Caesar Salad or wrap</p>	<p>22 Cheesy Max sticks w/marinara sauce Crispy Chicken Patty Sandwich Asian Chicken Salad or wrap</p>	<p>23 EARLY RELEASE</p>	<p>24 THANKSGIVING</p>	<p>25 NO SCHOOL</p>
<p>SANDWICHES DAILY Vegetarian Wrap daily</p>	<p>28 Stuffed Crust Pizza Spicy Chicken Patty Mashed potato, gravy corn Caesar or Chicken Caesar Salad or wrap</p>	<p>29 Chicken Tenders Fries, green beans Dinner roll Dipping sauces Asian Chicken Salad or wrap</p>	<p>30 Sal's Cheesy White Garlic Breadsticks w/marinara sauce BBQ PULLED PORK SANDWICH Chef Salad Buffalo Popcorn Chicken Wrap</p>		