

# BREAKFAST

## SEPTEMBER 2026

King Philip High School

First breakfast is Free - If the student takes 3 items with at least ½ cup fruit or vegetable

Second Breakfast is \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

No School

No School

French Toast w/Sausage  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

French Toast w/Sausage  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

French Toast w/Sausage  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Yogurt Bar  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Breakfast Burrito  
Smoothie Bowl  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Breakfast Burrito  
Yogurt Bar  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Breakfast Burrito  
Smoothie Bowl  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Freshly Baked  
Cinnamon Rolls  
Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart

Fresh Fruit, Smoothies  
White or Chocolate Milk

Freshly Baked  
Cinnamon Rolls  
Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart

Fresh Fruit, Smoothies  
White or Chocolate Milk

Freshly Baked  
Cinnamon Rolls  
Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart

Fresh Fruit, Smoothies  
White or Chocolate Milk

Freshly Baked  
Cinnamon Rolls  
Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart

Fresh Fruit, Smoothies  
White or Chocolate Milk

Freshly Baked  
Cinnamon Rolls  
Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart

Fresh Fruit, Smoothies  
White or Chocolate Milk

Bacon, Egg & Cheese  
Croissant  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Sausage, Egg & Cheese  
Croissant  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Bacon, Egg & Cheese  
Croissant  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Sausage, Egg & Cheese  
Croissant  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Scrambled Egg, Hash Brown  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Avocado Toast  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Avocado Toast  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

Scrambled Egg, Hash Brown  
Muffins, Mini Donuts, Pop Tart  
Nutri-Grain Bar, Cinnamon Rolls

Fresh Fruit, Smoothies  
White or Chocolate Milk

This institution is an equal opportunity provider