

# BREAKFAST

## SEPTEMBER 2026

King Philip Middle School

First breakfast is Free - If the student takes 3 items with at least ½ cup fruit of vegetable

Second Breakfast is \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

No School

1

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

2

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

3

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

4

Fresh Fruit, Smoothies  
White or Chocolate Milk

No School

7

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

8

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

9

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

10

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

11

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

14

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

15

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

16

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

17

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

18

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

21

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

22

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

23

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

24

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

25

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

28

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

29

Fresh Fruit, Smoothies  
White or Chocolate Milk

Muffins, Mini Donuts,  
Nutri-Grain Bar, Pop tart  
Cinnamon Rolls

30

Fresh Fruit, Smoothies  
White or Chocolate Milk

This institution is an equal opportunity provider